



One Kind Word Workshop – Follow On Work (KS2)

Re-cap with the children what they learnt and experienced in the "One Kind Word" anti-bullying workshop.

Key messages in the workshop:

We define bullying as "The repetitive intentional hurting of one person or group by another person or group that involves an imbalance of power".

The four main categories of bullying

- Verbal (words either face to face or online)
- Physical (can include hitting, punching, slapping, kicking etc...)
- Cyber (online with any form of technology including video games)
- Silent (when one person is excluded by a group)

ONE KIND WORD MAKES ALL THE DIFFERENCE

IF YOU OR ONE OF YOUR FRIENDS IS BEING BULLIED – REPORT THIS TO A TEACHER OR TRUSTED ADULT.



Follow on Work - One Kind Word – Literacy – Giraffe’s Can’t Dance (KS2)

- Read stories about about kindness and bullying. We recommend 'Giraffe’s Can’t Dance’ by Giles Andreae

- Talk to the children about the story and explore why the unkind words that are used against the Giraffe are hurtful and unhelpful

- Ask the children to write a story about an animal that is happy because its friends are kind and encouraging – the animal could be learning a new skill that its friends are helping him/her to master. How are kind words used and what difference does it make?