



Taking Action Together – Post Workshop Lesson Plan for Years 3-6 (60 minute activity)

Learning objectives:

The aim of the lesson is for the children to explore the qualities that make a good friend and the importance of friendship to beat bullying, through drama and music.

Introduction: (10 minutes)

The lesson begins with a discussion about the 'Taking Action Together' workshop, so that the children have the opportunity to re-cap on what they did in the workshop and what they have learnt about anti-bullying.

Key points that were discussed in the workshop:

- An agreed definition of bullying.
- How a school community can work together to beat bullying.
- What a child can do if they are being bullied.

The teacher re-caps on the key points that were discussed in the workshop with a particular focus on how the school community can work together to beat bullying.

First activity: The Good Friend Gallery. (20-30 minutes)

Purpose/learning outcome:

The children will discuss the qualities that demonstrate being a good friend. The children will be encouraged to take collective responsibility for bullying and to communicate issues to teachers and parents.

Resources needed:

A large sheet of paper/flip chart or white board, a pen and a clear space in the classroom for the children to perform in.

The teacher begins the task by asking the children to provide examples of qualities that demonstrate good friendship; such as being kind, thoughtful, loyal and a good listener.

The teacher writes a list of these qualities on a large sheet of paper/flip chart or the whiteboard. There needs to be enough words on the list for each pair of children; so if there are 30 students, the class will need 15 words on their list.

The teacher selects a word from the list and one child as a volunteer. The teacher is then a sculptor and the volunteer is a ball of clay. The teacher may have selected the word kind (for example). The teacher will then ask the children for suggestions of how to mould his or her ball of clay into a statue that represents kindness.



The teacher asks the children to consider the body language and facial expressions of the statue. When the children have understood the task through the example that the teacher has provided, the class can be divided into pairs and each pair is given a word from the list they have created.

The pairs of students then decide who is A and who is B. A is the sculptor and B is the clay. The students are given five minutes to create their statues. The statues are then in the 'Good Friend Gallery' and the artists can walk around the gallery and look at their statues. The statues must remain still.

The students then return to their partner and they swap roles so that B becomes the sculptor. A creates the same statue as B and B gives their statue a sentence to say that reinforces their word. If their word is kind, the sentence may be, 'You can count on my friendship'. Then it is time for the artists to explore the 'Good Friend Gallery' and this time, the statues come to life when they are tapped gently on the shoulder by other artists. The statues say their sentences and they may also move or do a gesture that emphasizes the meaning of their word.

Extension activity:

The teacher can take photographs of the friendship statues and the children can make speech bubbles by writing down the words the statues are saying on paper. The photos and the speech bubbles can then be put together to make a display on friendship for the classroom.

Second activity: Singing 'You've got a friend in me' from Toy Story (20- 30 minutes)

The class listens to the song, 'You've got a friend in me' from Toy Story. They could look at the lyrics on the white board whilst they are listening to the song. The class talks about the lyrics and in groups they create some actions for the song. The song can be divided into sections and each group presents their actions to the rest of the class and sing their section of the song. Each group could work on the chorus as a starting point and create actions for this. When they have learnt the chorus and their actions, they could look at different sections of the song and create new actions. This is a very well known song so most of the children will know the words.

Extension activity:

The class could present the 'You've got a friend in me' song to the rest of the school in an assembly. They could 'teach' the rest of the children in the school their actions as part of the assembly and encourage them to join in or they could simply present the song as a class.