



### Change Starts With Us – Post Workshop Lesson Plan (KS1)

Re-cap with the children what they learnt and experienced in the “You’ve Got A Friend In Me” workshop.

#### Key messages in the workshop:

(a) If one of your friends is saying something unkind to you or doing something to you that you don’t like, try **STEP ONE and STEP TWO**.

(b) **STEP ONE** = Say to that person - **Stop it please, I don’t like it**. If they continue, go and **speak to your teacher** or any other adult at school that can help you. This is **STEP TWO**.

(c) **Mr Lion’s message = STOP AND THINK WORDS CAN HURT**. Mr Lion encourages the cat Katrina to think more carefully about the way she’s speaking to Danny the Dog and Daphne the Duck, as her words have hurt their feelings.

(d) **Remember the 3 ways** we can be a good friend; by **SHARING, CARING** and **TAKING TURNS**.



### **Follow on work - Change Starts With Us | Friendship Posters**

Remind the children that they helped Katrina change her behaviour. When Katrina changed, this made a big difference to Danny and Daphne.

Divide the children into small groups or ask them to work independently, to create friendship posters. Ask them to create a friendship poster, based on the friendship words from the workshop – sharing, caring and taking turns.

You could make a display of the posters in the classroom, as a reminder of the learning the children have done about friendship.